



October is a good time to update your emergency/disaster prepared kit. The farther into the lightning season the more we need to make sure we have all our supplies in case of fire. Do you have yours organized in an easily accessible area?

Besides clearing fuel from your property, what else can you do to prepare? Make or update your emergency kits.

Here is a list of possible necessities for any disaster:

Personal disaster supplies kit

- Medications, prescription list, copies of medical cards, doctor's name and contact information
- Medical consent forms for dependents
- First aid kit and handbook
- Examination gloves (non-latex)
- Dust mask
- Spare eyeglasses or contact lenses and cleaning solution
- Bottled water
- Whistle (to alert rescuers to your location)
- Sturdy shoes
- Emergency cash
- Road maps
- List of emergency out-of-area contact phone numbers
- Snack foods, high in water and calories
- Working flashlight/LED headlamps with extra batteries and/or light sticks
- Personal hygiene supplies
- Comfort items such as games, crayons, writing materials, teddy bears
- Toiletries and special provisions you need for yourself and others in your family including elderly, disabled, small children, and animals.

Household disaster supplies kit

- Water (minimum one gallon a day for each person)
- Wrenches to turn off gas and water supplies
- Work gloves and protective goggles
- Heavy duty plastic bags for waste, and to serve as tarps, rain ponchos, and other uses
- Portable radio with extra batteries (or hand crank for charging)
- Additional flashlights (headlamps) or light sticks
- Canned and packaged foods
- Charcoal or gas grill for outdoor cooking and matches if needed
- Cooking utensils, including a manual can opener
- Pet food and pet restraints
- Comfortable, warm clothing including extra socks
- Blankets or sleeping bags, and perhaps even a tent
- Copies of vital documents such as insurance policies

JUST DO IT!

Brought to you by the Kohala by the Sea Firewise Committee